

# **TAVISTOCK WHEELERS CYCLING CLUB**

## **Presents**

### **The Rundlestone Hill Climb**

(incorporating Tavistock Wheelers Cycling Club's 'Best All Rounder' competition and their King and Queen of the Rundlestone competition)

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

**Sunday 17th of September 2023**

**Course tba**

**Race starts at 09.01 hours**

**Timekeepers:** - Peter Foubister and Martin Legg

**Marshalls:** Members and friends of Tavistock Wheelers Cycling Club

**Event Sec:** - Martin Williams,  
12 Buddle Close,  
Tavistock  
Devon

**Event H.Q.**, opens at 8.00 am

PL19 0EG Tel: 01822 610958 or 07471 502152

#### **AWARDS (one rider one prize)**

1<sup>st</sup> - £30

2<sup>nd</sup> - £20

3<sup>rd</sup> - £15

1<sup>st</sup> Lady - £ 30

2<sup>nd</sup> Lady -£20

3<sup>rd</sup> Lady £15

#### **COURSE DETAILS:**

**Start:** On the B3357 at the Dartmoor Inn, Merrivale PL20 6ST. Proceed East in the Princetown direction for approximately 1.8 miles. Finish approximately opposite the Red Telephone Box at the summit of the Rundlestone..

**<https://cyclinguphill.com/100-climbs/rundelstone-climb/>**

Course Record Holder: 20/06/19, Josh Coyne, BPM Coaching, Senior, Time: **00:06:06**

Ladies Course Record Holder: 20/06/19 Connie McLaughlin, Tavistock Wheelers, Time: **00:08:04**

Junior Course Record: 04/11/06, Dan Pearce: Tavistock Wheelers, Time: **00:06:39**

Junior Lady Course Record Holder: 20/06/19 Connie McLaughlin, Tavistock Wheelers, Time: **00:08:04**

#### **Club Records:**

Senior: Lee Adams: 04/10/20 Time: **00:06:28**

Senior Lady: Connie McLaughlin 20/06/19 Time: **00:08:04**

Junior: Dan Pearce: 04/11/06 Time: **00:06:39**

Junior Lady: Connie McLaughlin 20/06/19, Time: **00:08:04**

***Attention all competitors.***

***Please note that all competitors are now required personally to sign the signing out sheet when returning their number.***

***Failure to do so will result in the competitor being recorded as DNF.***

***Front and Rear lights are mandatory!***

#### **Headquarters**

Dartmoor Inn, Merrivale, PL20 6ST. Refreshments available. Open from 8.00am

<https://eversfieldorganic.co.uk/>

There is limited Car Parking at the HQ but there are various car parks nearby within the National Park.

**<https://www.dartmoor.gov.uk/enjoy-dartmoor/planning-your-visit/car-parks>**

#### **Directions to start.**

Opposite the Dartmoor Inn PL20 6ST on the B3357.

Should you wish to leave excess clothing/items at the start, then I'm sure a member of the club will safely hold onto them for you and your collection after the event. TWCC do not accept liability for loss of clothing, equipment and/or valuables.

START LIST

## Sponsored Clubs

### Notes to all riders

Please observe the Highway Code. Ride with your head up and do not white line. It is also advisable to wear bright clothing.

In the interests of your own safety Cycling Time Trials and the event promoters strongly advise riders to wear a HARD SHELL HELMET that meets an approved international safety standard. Local regulation 1 - All riders on completion of their competitive ride must continue without stopping or turning in the road to the event HQ.

Please be advised of the following potential hazards:

We politely request that no other vehicles other than club officials park at the starting Lay by.

This is a safety measure to ensure the required level of vision, for our officials, for approaching cars from the Tavistock direction.

Please remember that Event Officials have no legal right to interfere with or regulate traffic.

Please do not approach finishing time keepers whilst the event is in progress.

Please call out your number loud and clear on the finish line.

Riders waiting to start must do so 20 metres before the timekeeper and stand well to the left and in single file

Paced and Company Riding – Time Trialling for Beginners states that “When a competitor gets caught by another one the Regulations require the overtaken rider to fall back to a distance behind the other one ... At least 50 yards is required

Competitor’s Machines — It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

Thank you all for your support and we hope you have a safe and successful ride.

### For Your Information

It is possible for mist to cover the course